

# Sally's Individual Story

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**Sally is a young woman who was facing eviction from her home due to a high level of rent arrears and anti social behaviour. The relationships with her family had broken down and she no longer had access to her child due to becoming involved in criminal activity. She also had problems with addiction which were further affecting her life and relationships.**

**Sally relied on staff to help her deal with her issues and the effects her situation and life choices had on her life. She was supported to attend appointments with health professionals, solicitors and housing staff.**

**Sally's mental and physical health improved and she developed more confidence, engaging with the people and services which could help her. With support, Sally managed to resolve her rent arrears which prevented her from being evicted and, having secured the benefits she was entitled to, was able to manage her money better.**

**Sally also worked to reduce her addiction and best of all now has some contact with her child.**

**Sally continues to value the small amount of support she gets each week, it helps her to keep making improvements in her life, health and relationships.**