

Jane's Individual Story

If you need this publication in larger print, audio form, Braille, or in another language, please contact our office and we will try to help you.



Jane is a young lady who has complex needs and it is important that she gets the right support to help her live her life to the full. The right support for Jane is to have a team of female staff to support her full time in her own home, providing support with communication, personal care and the activities she enjoys. It is also important to her to have staff she knows to support her and we try hard to make sure there are not many changes to her team.

It is important that Jane has the chance to say what she wants in her life and to direct her own support as much as she can, therefore she and the staff team work with the Speech and Language Therapist to make sure she can do this in a way which she and staff understand.

Jane loves to be active and if she cannot carry out her daily activities she can become frustrated so staff make sure they know what she wants to do and plan her support with her to make her wishes happen and also keep her safe.

Jane enjoys swimming, going to rebound therapy, cycling at Lochore Meadows and going out in her car.

Jane has not been on holiday for some years, and staff are supporting her to choose locations, initially having 1 night away in a cottage, or caravan.