

Sample Rotas

The Dunfermline and Falkirk Service provides 24 hour support to individuals who require support with all aspects of daily living. Staff are required to work flexible hours in order to meet those needs.

The rota is a 3 week rolling rota which means, rotational days off i.e. one weekend off in three and set days off. Shifts on working days can change depending on annual leave, sickness and training.

Please see a **sample** rota below showing a 3 week working pattern. We aim for rotas to be out at least 2 weeks in advance.

Sample 1 is of a 30 hour contract rota

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	D/O	4-10	5-11 S/O	7-1	D/O	9-3	5-11 S/O
2	7-1	4-10	D/O	D/O	10 - 4	5-11 S/O	7-1
3	10-4	5-11 S/O	7-1	10-4	10 - 4	D/O	D/O

Sample 2 demonstrates that you will regularly be required to work more than 30 hours to cover annual leave holidays, you will be paid extra for additional hours worked.

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	D/O	11-5	3-11 S/O	7-3:15	D/O	10-8	3-10
2	3-11 S/O	7-3	D/O	D/O	11-5	3-11 S/O	7-3:15
3	10-8	3-11 S/O	7-3:15	11-5	7-3	D/O	D/O

D/O – Days off

S/O – Sleepover means that you will sleep in the supported individuals home overnight – an additional payment is paid for this